

# ***Policies and Information***

## **Standards for Dress and Appearance** (Approved by FGA October 2010)

Students must recognize that they represent not only themselves but Research College of Nursing and the nursing profession as a whole. The College standards for dress and appearance are more conservative in order to be acceptable in all settings. Individual courses may vary slightly at the discretion of faculty. In all clinical settings, compliance with the host agency's policy on dress and appearance is required. This policy is intended to be consistent with the Research Medical Center policy titled "Dress Code Policy," policy number 100-900-2, revised in December of 2005.

1. Students should be neat and clean while on campus and when participating in college/academic activities. Clothes worn should be wrinkle free and be devoid of holes or tears. Lounge wear and pajamas may not be worn while attending class or events at Research College of Nursing or Research Medical Center. Students should not emanate offensive body odor and should not wear strong perfumes, colognes or body oils.
2. Student ID badges are to be worn at all times. Badges must be displayed in an upright and readable position in the upper chest area at all times. The picture may not be covered.
3. Outpatient, home health, clinic and assessment days, and community settings: Students will dress in accordance with agency policy. If an agency policy does not exist, students will wear professional attire suitable for the setting with their ID badge. On assessment days, students will wear appropriate dress and their white lab coat. No jeans, denim, shorts, mini-skirts or leggings.
4. Shoes must be clean, polished and in good repair. Students may wear nurse shoes or leather sport shoes. Shoes with open toes or other holes are not allowed. Crocs may be worn as long as they have no holes in them.
5. The uniform for clinical settings is navy blue scrubs. T-Shirts may be worn under scrubs as long as they are white, gray, black or light blue with no writing or pattern. T-shirts may have long or short sleeves.
6. Students participating in capstone may wear scrubs in a color of their choice. In the event there is an agency policy, students are required to follow agency policy
7. Artificial and Natural Fingernails. Artificial nails are substances or devices applied to natural nails to augment or enhance nails. Artificial nails shall not be worn by students when providing direct patient care. Natural nails shall be kept clean and nail polish should be in good repair. Natural nails shall be trimmed so they are no longer than  $\frac{1}{4}$  inch past the tip of the finger. Students who do not comply will this policy will not be allowed on clinical units.
8. Hair must be kept from falling forward onto clients or bedside equipment. Male students must have neatly groomed facial hair (beards, mustaches and sideburns).
9. Body markings or brands such as tattoos that a reasonable person would consider offensive are prohibited unless they can be covered so they are not visible to coworkers and patients.
10. Engagement and wedding bands, watches, and stud earrings are the only jewelry permitted. Stud earrings should be simple, modest and not present a safety hazard to patients or employees. Jewelry may not be worn in any other parts of the body that is observable by coworkers and patients. For example earrings or studs in the nose, tongue, eyebrow, lip, etc.
11. Cosmetics are to be kept to a minimum. Perfumes and/or colognes are to be avoided. Smokers must be sensitive to excessive "smoker's odor" on hair, clothing and breath.
12. Clothing must fit properly.
  - a. Shirts and tops should be long enough to cover the midriff at all times.
  - b. Stomachs, chests, backs and shoulders should be covered at all times.

- c. Hemlines of skirts/dresses/shorts/bottoms should be no shorter than mid-thigh. Short shorts and booty shorts may not be worn while attending class or events at Research College of Nursing or Research Medical Center.
  - d. Undergarments should not be visible through or outside of clothing at any time.
13. Students who are in community settings represent Research College of Nursing. All students must follow the above standards and in addition:
- a. Students must wear khaki, navy or black slacks.
  - b. Students are required to purchase a polo shirt with the College logo on it in their choice of colors. These shirts will be ordered through Research College of Nursing.
  - c. Shirts must look neat and professional and no cleavage, backs or abdomens should be exposed.
  - d. Nametags must be worn while representing Research College of Nursing in the community.